## WHAT IS CLAIMED IS:

1. Apparatus for manipulating a ribbon of material, said apparatus comprising:

a first mechanism for accepting the ribbon of material along an axis;

a second mechanism for rotating an end of the ribbon of material; and

a third mechanism for moving said second mechanism substantially parallel to the axis, said third mechanism configured to operate independently from the operation of said second mechanism.

- 2. Apparatus in accordance with Claim 1 wherein the ribbon has a helical shape having a plurality of triangular shaped facets.
- 3. Apparatus in accordance with Claim 2 wherein the plurality of facets are of similar size and shape.
- 4. Apparatus in accordance with Claim 1 wherein said third mechanism is configured to move said second mechanism through a first movement phase, the first movement phase including an initial speed, acceleration, deceleration, and an ending speed.
- 5. Apparatus in accordance with Claim 1 further comprising a second second mechanism such that said apparatus can rotate two strands of ribbon simultaneously.
- 6. Apparatus in accordance with Claim 1 wherein said second mechanism comprises a pair of jaws configured to engage the end of the ribbon.
- 7. Apparatus in accordance with Claim 1 wherein said first mechanism is configured to accept a metal ribbon.

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8. Apparatus in accordance with Claim 1 further comprising a die positioned downstream of said second mechanism, said die configured to cut the ribbon.

- 9. Apparatus in accordance with Claim 1 wherein said second mechanism comprises at least one servo motor configured to rotate the ribbon.
- 10. Apparatus in accordance with Claim 1 wherein said third mechanism comprises a servo motor configured to move said second mechanism.
- 11. A method of fabricating a turbulator utilizing an apparatus, said method comprising:

engaging a first end of a ribbon of material with a spindle head;

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moving the first end of the material along an axis, wherein the movement is performed in a first movement pattern; and

rotating the first end of the material about the axis, wherein the rotation is performed in a second movement pattern, wherein the first movement pattern is different from the second movement pattern.

- 12. A method in accordance with Claim 11 wherein the rotation is other than constant rotation.
- 13. A method in accordance with Claim 11 wherein the acceleration of the material in the first direction is different from the acceleration of the rotation of the material.
  - 14. A method in accordance with Claim 11 further comprising: cutting the ribbon to form a first cut end; and feeding the first cut end to the second mechanism.

- 15. A method in accordance with Claim 14 further comprising cutting the ribbon to form a second cut end.
- 16. A method in accordance with Claim 15 further comprising releasing the cut, formed ribbon.
- 17. A method in accordance with Claim 11 further comprising providing the ribbon to the spindle head with the correct tension.
- 18. A method in accordance with Claim 11 wherein the spindle head includes a pair of jaws, said method further comprising engaging the ribbon with the pair of jaws.
- 19. A method in accordance with Claim 11 wherein the apparatus includes a first servo motor configured to provide axial movement to the material.
- 20. A method in accordance with Claim 19 wherein the apparatus includes a second servo motor configured to rotate the material.